



# Market Watch 85

January 2017†

Jointly produced by:

WFP-World Food Programme, Nepal  
 MoAD-Department of Agriculture, Agribusiness Promotion and Marketing Development Directorate (ABPMDD)  
 FNCCI/AEC-Federation of Nepalese Chamber of Commerce and Industries/Agro Enterprise Centre  
 CIPF-Consumer's Interest Protection Forum



## HIGHLIGHTS

- **In January 2017, retail prices of most food commodities monitored in 12 markets across Nepal were stable (or declined) due to the improved supply of food from the summer crop harvest and stable transportation services.**
- **Overall inflation rate in January 2017 was 3.2 percent. The food and beverage group was at -0.7 percent. Several food sub-groups were higher: sugar and sugar products (15.0 percent), spices (5.8 percent) and milk and milk products (2.9 percent).**

## Prices

Retail prices of most food commodities in 12 markets across Nepal were stable or declining in January 2017 (see **Fig. 1**):

- On a month-on-month basis, retail prices of coarse rice and wheat flour were stable. The retail price of black gram decreased by 5.2 percent, while that of broken lentil increased by 2.6 percent. Prices of red potato and chicken meat decreased by 0.2 and 2.6 percent respectively. The price of soybean oil decreased by 1.4 percent.
- Compared to three months earlier, most prices showed a declining trend (with the exception of broken lentil). The largest change was red potato (-20.4 percent).
- On a year-on-year basis, most prices showed a declining trend (with the exception of chicken meat). The largest change was soybean oil (-20.7 percent).

Factors behind current price trends include seasonal fluctuations associated with post-harvest period, stable transportation services and regular supply of food in deficit areas.

Retail prices in regional markets (see **Fig. 2**) showed somewhat similar trends to the national averages, with an increase in the price of coarse rice, wheat flour and broken lentil in most markets (with the exception of the declining trend in the prices of coarse rice and wheat flour in the Terai markets). Compared to the same period last year, prices of most food commodities showed a decreasing trend with the exception of the price of coarse rice in the major consumer markets of Kathmandu and Pokhara, and the Terai markets.

Wholesale prices regularly monitored by FNCCI/AEC in the five large markets of Birtamod, Kathmandu, Butwal, Surkhet and Dhangadhi remained stable month-on-month. Wholesale prices monitored in the Kalimati Fruits and Vegetables Market showed high seasonal fluctuations month-on-month (see **Table 1**): prices of christophine, bitter gourd, okra, broad leaf mustard and brinjal increased by more than 15 percent due to a reduction in supply, while that of cabbage, French bean, green peas, cucumber and carrot decreased by more than 10 percent due to the harvest season.

In January 2017, the overall consumer price index (CPI) released by Nepal Rastra Bank was 113.9, a decrease of 1.0 percent month-on-month. The inflation rate, as measured by the year-on-year increase in the CPI, was 3.2 percent. The food and beverage group of the CPI was 111.5, a decrease of 2.6 percent month-on-month and 0.7 percent year-on-year; Several sub-groups showed higher year-on-year increases: sugar and sugar products (15.0 percent), spices (5.8 percent) and milk and milk products (2.9 percent). The non-food and services group of the CPI was 115.9, an increase of 0.2 percent month-on-month and 6.2 percent year-on-year.

## Supply

The supply of food commodities has improved across the country due to stable transportation services and increased road access in remote markets because of the winter season.

## Outlook

Most food prices are expected to remain stable or decrease next month as a result of the harvest of summer crops and increased supply of food in the markets.

The outlook of winter crops (wheat and barley) is expected to be better than last year due to sufficient rainfall in the hills and Terai and snowfall in the mountains during the growing period.

Commodity	Price NPR/kg or liter	% change 1 month	Observations
Christophine, bitter gourd, okra, broad leaf mustard and brinjal	various	> 15	Decrease in supply due to lean season
Cabbage, French bean, green peas, cucumber and carrot	various	< -10	Increase in supply due to harvest season

Figure 1: Average retail price over 12-month period\*

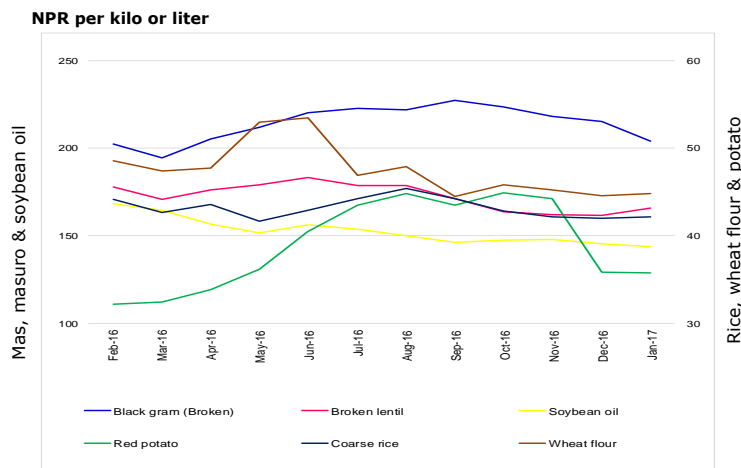
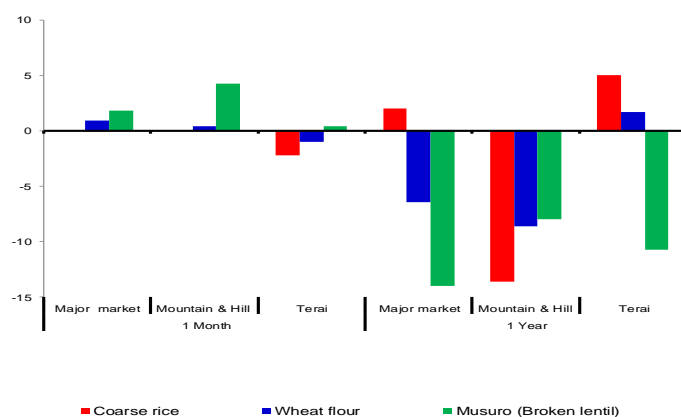


Figure 2: Percentage change in retail prices\*\* (1 month & 1 year)



† Prices relate to the Nepali month of Paush 2073.

\* Prices are from markets listed on the back of this report, not including 'Hill & Mountain - No Road' markets.

\*\* Change in price considers all markets shown in this report.

Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr
<b>Major consumer markets</b>								
Kathmandu	Coarse rice	49.0	0.0	-2.0	-2.0	▶	▶	▶
	Wheat flour	44.0	-2.2	0.0	-17.0	▶	▶	▼
	Soybean oil	130.0	-7.1	-2.3	-27.8	▼	▶	▼
	Chicken	300.0	-11.8	-8.8	-14.3	▼	▶	▶
	Mustard oil	218.0	-11.0	-7.6	-17.7	▼	▶	▼
	Mas (black gram)	221.0	-7.9	0.0	-3.9	▼	▶	▶
	Musuro	140.0	3.7	2.2	-34.9	▶	▶	▼
	Potato	39.0	-2.5	-20.4	2.6	▶	▼	▶
Pokhara	Coarse rice	52.0	0.0	0.0	6.1	▶	▶	▶
	Wheat flour	50.0	4.2	-9.1	4.2	▶	▶	▶
	Soybean oil	125.0	0.0	-21.9	-40.5	▶	▼	▼
	Chicken	340.0	-2.9	-11.2	-5.6	▶	▼	▶
	Mustard oil	180.0	12.5	-5.3	-30.8	▶	▶	▼
	Mas (black gram)	200.0	-18.4	-21.6	-23.1	▼	▼	▼
	Musuro	165.0	0.0	-2.9	-13.2	▶	▶	▶
	Potato	46.0	-8.0	-8.0	-8.0	▼	▶	▶
<b>Regional Terai markets</b>								
Biratnagar	Coarse rice	40.0	-11.1	0.0	0.0	▼	▶	▶
	Wheat flour	45.0	0.0	0.0	-2.2	▶	▶	▶
	Soybean oil	140.0	7.7	7.7	0.0	▶	▶	▶
	Chicken	300.0	0.0	0.0	10.3	▶	▶	▶
	Mustard oil	170.0	-2.9	-2.9	-10.5	▶	▶	▶
	Mas (black gram)	176.0	-18.5	-18.5	-12.0	▼	▼	▶
	Musuro	142.0	9.2	9.2	-5.3	▶	▶	▶
	Potato	22.0	-46.3	-57.7	0.0	▼	▼	▶
Birgunj	Coarse rice	35.0	0.0	-5.4	-5.4	▶	▶	▶
	Wheat flour	36.0	0.0	-5.3	-7.7	▶	▶	▶
	Soybean oil	150.0	0.0	-1.3	-3.2	▶	▶	▶
	Chicken	220.0	0.0	-21.4	-26.7	▶	▼	▼
	Mustard oil	200.0	0.0	5.3	-9.1	▶	▶	▶
	Mas (black gram)	152.0	0.0	-2.6	-7.9	▶	▶	▶
	Musuro	140.0	0.0	-9.7	-22.2	▶	▶	▼
	Potato	20.0	-20.0	-50.0	-20.0	▼	▼	▼
Nepalgunj	Coarse rice	41.0	0.0	7.0	18.3	▶	▶	▶
	Wheat flour	45.0	0.0	3.0	8.9	▶	▶	▶
	Soybean oil	143.3	4.9	0.0	-16.3	▶	▶	▼
	Chicken	401.7	0.2	8.8	4.3	▶	▶	▶
	Mustard oil	206.7	0.0	-3.9	-10.1	▶	▶	▶
	Mas (black gram)	197.7	-12.1	-14.9	-18.2	▼	▼	▼
	Musuro	180.0	0.0	9.1	3.8	▶	▶	▶
	Potato	25.0	0.0	-33.6	-16.7	▶	▼	▼
Dhangadhi	Coarse rice	40.8	0.0	-2.9	-5.1	▶	▶	▶
	Wheat flour	40.8	0.0	3.0	14.6	▶	▶	▶
	Soybean oil	140.0	0.0	-1.4	-40.7	▶	▶	▼
	Chicken	296.0	1.4	-7.5	10.4	▶	▶	▶
	Mustard oil	160.0	0.0	-2.4	-20.0	▶	▶	▼
	Mas (black gram)	204.0	0.0	-22.7	-12.8	▶	▼	▶
	Musuro	169.0	-3.4	-3.4	-5.1	▶	▶	▶
	Potato	30.0	11.1	-14.3	30.4	▶	▼	▶

▲ Price increase above normal price fluctuation

▶ Normal price fluctuation

▼ Price decrease below normal price fluctuation

Price fluctuation is considered normal if the price change is within 5% for 1 month, or within 10% for 3 months or within 15% for one year.

Market	Commodity	Current price (NRS per Kg/ Lt.)	Change in price (%)*			Average change over			
			1 m	3 m	1 yr	1m	3m	1yr	
Bhairahawa	Coarse rice	40.0	0.0	21.2	17.6	▶	▶	▶	
	Wheat flour	38.0	-5.0	5.6	-5.0	▶	▶	▶	
	Soybean oil	120.0	-4.0	4.3	-20.0	▶	▶	▼	
	Chicken	300.0	0.0	-11.8	0.0	▶	▼	▶	
	Mustard oil	135.0	-10.0	-3.6	-47.9	▼	▶	▼	
	Mas (black gram)	220.0	0.0	0.0	-12.0	▶	▶	▶	
	Musuro	135.0	-3.6	3.8	-25.0	▶	▶	▼	
	Potato	25.0	0.0	-28.6	-28.6	▶	▼	▼	
<b>Hill and Mountain markets with road access</b>									
Dhankuta	Coarse rice	42.8	0.0	7.0	-0.5	▶	▶	▶	
	Wheat flour	47.0	0.0	-6.0	-2.1	▶	▶	▶	
	Soybean oil	125.0	0.0	4.2	-26.5	▶	▶	▼	
	Chicken	320.0	-3.0	0.0	-3.0	▶	▶	▶	
	Mas (black gram)	158.0	-10.2	-36.8	-7.1	▼	▼	▶	
	Musuro	138.0	-3.5	-8.0	-18.8	▶	▶	▼	
	Potato	52.0	0.0	15.6	30.0	▶	▶	▶	
	Rolpa	Coarse rice	35.0	0.0	-22.2	-23.9	▶	▼	▼
Wheat flour		45.0	0.0	0.0	-10.0	▶	▶	▶	
Soybean oil		140.0	0.0	-3.4	-36.4	▶	▶	▼	
Chicken		340.0	0.0	6.3	3.0	▶	▶	▶	
Mas (black gram)		250.0	0.0	38.9	47.1	▶	▶	▶	
Musuro		150.0	0.0	-11.8	-21.1	▶	▼	▼	
Potato		40.0	0.0	-27.3	-20.0	▶	▼	▼	
Sanjebagar		Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	42.0	0.0	-2.3	0.0	▶	▶	▶	
	Soybean oil	170.0	13.3	13.3	0.0	▶	▶	▶	
	Chicken	450.0	-6.3	0.0	12.5	▼	▶	▶	
	Mas (black gram)	200.0	-9.1	-9.1	0.0	▼	▶	▶	
	Musuro	200.0	0.0	0.0	0.0	▶	▶	▶	
	Potato	50.0	0.0	-16.7	-16.7	▶	▼	▼	
	Jumla	Coarse rice	55.0	0.0	0.0	-21.4	▶	▶	▼
Wheat flour		60.0	0.0	0.0	-33.3	▶	▶	▼	
Soybean oil		160.0	-11.1	-11.1	-11.1	▼	▼	▶	
Chicken		500.0	-4.8	0.0	13.6	▶	▶	▶	
Mas (black gram)		220.0	0.0	10.0	22.2	▶	▶	▶	
Musuro		180.0	0.0	0.0	0.0	▶	▶	▶	
Potato		40.0	60.0	33.3	33.3	▶	▶	▶	
Bajura		Coarse rice	35.0	0.0	-16.7	-22.2	▶	▼	▼
	Wheat flour	45.0	2.3	-10.0	2.3	▶	▶	▶	
	Beans	160.0	-11.1	-	-11.1	▼	-	▶	
	Mas (black gram)	250.0	0.0	0.0	13.6	▶	▶	▶	
	Musuro	250.0	25.0	25.0	0.0	▶	▶	▶	
	Potato	40.0	0.0	-20.0	0.0	▶	▼	▶	
	<b>Mountain markets without road access</b>								
	Humla	Coarse rice	140.0	0.0	7.7	9.4	▶	▶	▶
Wheat flour		160.0	14.3	14.3	6.7	▶	▶	▶	
Soybean oil		300.0	0.0	15.4	-6.3	▶	▶	▶	
Beans		130.0	0.0	-35.0	-18.8	▶	▼	▼	
Mas (black gram)		350.0	-2.8	-7.9	0.0	▶	▶	▶	
Musuro		350.0	0.0	-5.4	0.0	▶	▶	▶	
Potato		60.0	0.0	-25.0	-14.3	▶	▼	▶	
Dolpa		Coarse rice	140.0	0.7	7.7	-6.7	▶	▶	▶
	Wheat flour	120.0	0.0	-14.3	-7.7	▶	▼	▶	
	Soybean oil	240.0	0.0	0.0	-20.0	▶	▶	▼	
	Beans	200.0	-20.0	-20.0	17.6	▼	▼	▶	
	Mas (black gram)	300.0	0.0	0.0	66.7	▶	▶	▶	
	Musuro	300.0	0.0	0.0	36.4	▶	▶	▶	
	Potato	80.0	0.0	14.3	60.0	▶	▶	▶	

Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

**Major consumer markets**

Kathmandu	Coarse rice	49.0	-2.0	-5.8	-2.0	▶	▶	▶
	Wheat flour	45.0	0.0	0.0	-15.1	▶	▶	▼
	Soybean oil	140.0	0.0	2.2	-31.7	▶	▶	▼
	Chicken	340.0	3.0	3.7	6.3	▶	▶	▶
	Mustard oil	245.0	0.0	2.9	-9.3	▶	▶	▶
	Mas (black gram)	222.0	0.0	-5.5	-3.5	▶	▶	▶
	Musuro	135.0	1.5	-8.2	-37.2	▶	▶	▼
	Potato	40.0	-20.0	-20.0	0.0	▼	▼	▶

Pokhara	Coarse rice	52.0	0.0	-7.1	8.3	▶	▶	▶
	Wheat flour	45.0	-10.0	-18.2	0.0	▼	▼	▶
	Soybean oil	125.0	0.0	-10.7	-26.5	▶	▼	▼
	Chicken	350.0	2.9	6.1	6.1	▶	▶	▶
	Mustard oil	160.0	-11.1	-17.9	-36.0	▼	▼	▼
	Mas (black gram)	245.0	22.5	2.1	22.5	▲	▶	▲
	Musuro	165.0	0.0	-12.7	-10.8	▶	▼	▶
	Potato	50.0	0.0	2.0	25.0	▶	▶	▲

**Regional Terai markets**

Biratnagar	Coarse rice	45.0	12.5	12.5	7.1	▲	▲	▶
	Wheat flour	45.0	0.0	12.5	-4.3	▶	▶	▶
	Soybean oil	130.0	0.0	0.0	-31.6	▶	▶	▼
	Chicken	300.0	0.0	7.1	0.0	▶	▶	▶
	Mustard oil	175.0	0.0	0.0	-12.5	▶	▶	▶
	Mas (black gram)	216.0	0.0	-1.8	-1.8	▶	▶	▶
	Musuro	130.0	0.0	-7.1	-20.7	▶	▶	▼
	Potato	41.0	-2.4	-18.0	36.7	▶	▼	▲

Birgunj	Coarse rice	35.0	0.0	-5.4	9.4	▶	▶	▶
	Wheat flour	36.0	0.0	-5.3	0.0	▶	▶	▶
	Soybean oil	150.0	0.0	-2.0	1.4	▶	▶	▶
	Chicken	220.0	0.0	-15.4	10.0	▶	▼	▶
	Mustard oil	200.0	0.0	5.3	11.1	▶	▶	▶
	Mas (black gram)	152.0	0.0	-5.0	1.3	▶	▶	▶
	Musuro	140.0	0.0	-11.4	-12.5	▶	▼	▶
	Potato	25.0	0.0	-37.5	13.6	▶	▼	▶

Nepalgunj	Coarse rice	41.0	3.4	7.0	18.3	▶	▶	▲
	Wheat flour	45.0	0.0	5.5	8.9	▶	▶	▶
	Soybean oil	136.7	-4.6	-4.2	-20.2	▶	▶	▼
	Chicken	401.0	11.4	19.9	4.2	▲	▲	▶
	Mustard oil	206.7	-3.9	0.8	-10.1	▶	▶	▶
	Mas (black gram)	225.0	-3.2	-5.6	-6.9	▶	▶	▶
	Musuro	180.0	9.1	0.9	3.8	▲	▶	▶
	Potato	25.0	-36.4	-36.4	-16.7	▼	▼	▼

Dhangadhi	Coarse rice	40.8	4.1	-1.4	6.3	▶	▶	▶
	Wheat flour	40.8	4.1	0.0	9.7	▶	▶	▶
	Soybean oil	140.0	0.0	-1.4	-40.7	▶	▶	▼
	Chicken	292.0	-3.9	-8.8	9.0	▶	▶	▶
	Mustard oil	160.0	0.0	-2.4	-20.0	▶	▶	▼
	Mas (black gram)	204.0	-6.4	-22.7	-18.4	▼	▼	▼
	Musuro	175.0	0.0	6.7	-1.7	▶	▶	▶
	Potato	27.0	-10.0	-28.9	-10.0	▼	▼	▶

▲ Price increase above normal price fluctuation  
 ▶ Normal price fluctuation  
 ▼ Price decrease below normal price fluctuation

Price fluctuation is considered normal if the price change is within 5% for 1 month, or within 10% for 3 months or within 15% for one year.

Market	Commodity	Current price (NRS per Kg/ Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

Bhairahawa	Coarse rice	40.0	14.3	17.6	14.3	▲	▲	▶
	Wheat flour	40.0	-7.0	11.1	17.6	▼	▶	▲
	Soybean oil	125.0	8.7	0.0	4.2	▶	▶	▶
	Chicken	300.0	-11.8	-11.8	0.0	▼	▼	▶
	Mustard oil	150.0	0.0	7.1	0.0	▶	▶	▶
	Mas (black gram)	220.0	0.0	-18.5	22.2	▶	▼	▲
	Musuro	140.0	12.0	0.0	-6.7	▶	▶	▶
	Potato	25.0	-37.5	-28.6	-16.7	▼	▼	▼

**Hill and Mountain markets with road access**

Dhankuta	Coarse rice	42.8	0.0	1.9	-0.5	▶	▶	▶
	Wheat flour	47.0	-1.7	11.9	-2.1	▶	▶	▶
	Soybean oil	125.0	-7.4	-3.8	-26.5	▼	▶	▼
	Chicken	330.0	0.0	3.1	0.0	▶	▶	▶
	Mas (black gram)	176.0	0.0	-32.3	-20.0	▶	▼	▶
	Musuro	143.0	0.0	-10.6	-18.3	▶	▼	▼
	Potato	52.0	4.0	30.0	30.0	▶	▲	▲

Rolpa	Coarse rice	35.0	0.0	-30.0	-22.2	▶	▼	▼
	Wheat flour	45.0	4.7	0.0	-10.0	▶	▶	▶
	Soybean oil	140.0	-6.7	-3.4	-26.3	▼	▶	▼
	Chicken	340.0	0.0	6.3	6.3	▶	▶	▶
	Mas (black gram)	250.0	0.0	38.9	38.9	▶	▲	▲
	Musuro	150.0	-25.0	-11.8	-16.7	▼	▼	▼
	Potato	40.0	-33.3	-27.3	-20.0	▼	▼	▼

Sanjebagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	42.0	-2.3	-2.3	0.0	▶	▶	▶
	Soybean oil	150.0	0.0	0.0	-11.8	▶	▶	▶
	Chicken	480.0	6.7	6.7	20.0	▲	▶	▲
	Mas (black gram)	220.0	0.0	0.0	10.0	▶	▶	▶
	Musuro	180.0	-10.0	-10.0	-10.0	▼	▶	▶
	Potato	50.0	-16.7	-16.7	0.0	▼	▼	▶

Jumla	Coarse rice	55.0	-8.3	-8.3	-21.4	▼	▶	▼
	Wheat flour	60.0	0.0	0.0	-33.3	▶	▶	▼
	Soybean oil	180.0	0.0	0.0	0.0	▶	▶	▶
	Chicken	525.0	5.0	5.0	19.3	▶	▶	▲
	Mas (black gram)	220.0	0.0	0.0	22.2	▶	▶	▲
	Musuro	180.0	0.0	0.0	0.0	▶	▶	▶
	Potato	25.0	-16.7	-16.7	-16.7	▼	▼	▼

Bajura	Coarse rice	35.0	0.0	-12.5	-23.9	▶	▼	▼
	Wheat flour	44.0	-12.0	-4.3	-2.2	▼	▶	▶
	Beans	180.0	12.5	0.0	0.0	▲	▶	▶
	Mas (black gram)	250.0	0.0	13.6	38.9	▶	▲	▲
	Musuro	200.0	0.0	-9.1	5.3	▶	▶	▶
	Potato	40.0	0.0	14.3	0.0	▶	▲	▶

**Mountain markets without road access**

Humla	Coarse rice	140.0	7.7	7.7	9.4	▲	▶	▶
	Wheat flour	140.0	-6.7	0.0	-6.7	▼	▶	▶
	Soybean oil	300.0	15.4	15.4	-6.3	▲	▶	▶
	Beans	130.0	-35.0	-35.0	-62.9	▼	▼	▼
	Mas (black gram)	360.0	-5.3	-5.3	2.9	▼	▶	▶
	Musuro	350.0	-5.4	-5.4	0.0	▼	▶	▶
	Potato	60.0	-25.0	-25.0	-14.3	▼	▼	▶

Dolpa	Coarse rice	139.0	-0.7	6.9	-7.3	▶	▶	▶
	Wheat flour	120.0	0.0	-7.7	0.0	▶	▶	▶
	Soybean oil	240.0	0.0	0.0	-20.0	▶	▶	▼
	Beans	250.0	0.0	-28.6	25.0	▶	▼	▲
	Mas (black gram)	300.0	0.0	0.0	36.4	▶	▶	▶
	Musuro	300.0	0.0	0.0	50.0	▶	▶	▶
	Potato	80.0	14.3	14.3	100.0	▲	▲	▲



Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr
<b>Major consumer markets</b>								
Kathmandu	Coarse rice	50.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	45.0	2.3	-15.1	-15.1	▶	▼	▼
	Soybean oil	133.0	0.0	-2.2	-35.1	▶	▶	▼
	Chicken	330.0	0.3	-2.9	10.0	▶	▶	▶
	Mustard oil	245.0	3.8	7.0	-2.0	▶	▶	▶
	Mas (black gram)	240.0	8.6	9.1	4.3	▲	▶	▶
	Musuro	140.0	2.2	-22.2	-34.9	▶	▼	▼
	Potato	50.0	2.0	22.0	25.0	▶	▲	▲
Pokhara	Coarse rice	52.0	0.0	-5.5	8.3	▶	▶	▶
	Wheat flour	50.0	-9.1	0.0	11.1	▼	▶	▶
	Soybean oil	125.0	-21.9	-10.7	-16.7	▼	▼	▼
	Chicken	340.0	-11.2	-12.8	13.3	▼	▼	▶
	Mustard oil	180.0	-5.3	0.0	-18.2	▼	▶	▼
	Mas (black gram)	200.0	-21.6	-16.7	2.6	▼	▼	▶
	Musuro	165.0	-2.9	-8.3	-9.8	▶	▶	▶
	Potato	50.0	0.0	0.0	56.3	▶	▶	▲
<b>Regional Terai markets</b>								
Biratnagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	45.0	0.0	12.5	0.0	▶	▲	▶
	Soybean oil	130.0	0.0	8.3	-53.6	▶	▶	▼
	Chicken	300.0	0.0	7.1	0.0	▶	▶	▶
	Mustard oil	175.0	0.0	2.9	-15.9	▶	▶	▼
	Mas (black gram)	216.0	0.0	-1.8	8.0	▶	▶	▶
	Musuro	130.0	0.0	0.0	-22.6	▶	▶	▼
Birgunj	Coarse rice	35.0	-5.4	-5.4	6.1	▼	▶	▶
	Wheat flour	36.0	-5.3	-7.7	5.9	▼	▶	▶
	Soybean oil	150.0	-1.3	-2.6	2.0	▶	▶	▶
	Chicken	220.0	-21.4	-31.3	-8.3	▼	▼	▶
	Mustard oil	200.0	5.3	0.0	12.4	▲	▶	▶
	Mas (black gram)	152.0	-2.6	-5.0	4.8	▶	▶	▶
	Musuro	140.0	-9.7	-14.6	-12.5	▼	▼	▶
Nepaigunj	Coarse rice	39.7	3.5	4.4	-7.7	▶	▶	▶
	Wheat flour	45.0	3.0	8.0	6.3	▶	▶	▶
	Soybean oil	143.3	0.0	0.5	-34.4	▶	▶	▼
	Chicken	360.0	-2.5	10.8	-6.5	▶	▲	▶
	Mustard oil	215.0	0.0	4.9	-9.8	▶	▶	▶
	Mas (black gram)	232.3	0.0	-2.2	3.3	▶	▶	▶
	Musuro	165.0	0.0	-8.3	-20.8	▶	▶	▼
Dhangadhi	Coarse rice	39.2	-6.7	-5.3	-6.7	▼	▶	▶
	Wheat flour	39.2	-1.0	-1.0	0.0	▶	▶	▶
	Soybean oil	140.0	-1.4	-1.4	-27.8	▶	▶	▼
	Chicken	304.0	-5.0	-5.0	11.8	▶	▶	▶
	Mustard oil	160.0	-2.4	-2.4	-11.1	▶	▶	▶
	Mas (black gram)	218.0	-17.4	-19.3	-11.4	▼	▼	▶
	Musuro	147.0	-16.0	-12.0	-13.5	▼	▼	▶

▲ Price increase above normal price fluctuation

▶ Normal price fluctuation

▼ Price decrease below normal price fluctuation

Price fluctuation is considered normal if the price change is within 5% for 1 month, or within 10% for 3 months or within 15% for one year.

Market	Commodity	Current price (NRS per Kg/ Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr
Bhairahawa	Coarse rice	35.0	6.1	0.0	20.7	▲	▶	▲
	Wheat flour	43.0	19.4	22.9	22.9	▲	▲	▲
	Soybean oil	115.0	0.0	-17.9	-11.5	▶	▼	▶
	Chicken	340.0	0.0	1.5	21.4	▶	▶	▲
	Mustard oil	190.0	35.7	-5.0	11.8	▲	▶	▶
	Mas (black gram)	220.0	0.0	-4.3	0.0	▶	▶	▶
	Musuro	125.0	-3.8	-21.9	-34.2	▶	▼	▼
	Potato	40.0	14.3	0.0	53.8	▲	▶	▲
<b>Hill and Mountain markets with road access</b>								
Dhankuta	Coarse rice	42.8	7.0	-0.5	-0.5	▲	▶	▶
	Wheat flour	47.8	-4.4	-0.4	-0.4	▶	▶	▶
	Soybean oil	135.0	12.5	-20.6	-20.6	▶	▼	▼
	Chicken	330.0	3.1	-8.3	0.0	▶	▶	▶
	Mas (black gram)	176.0	-29.6	-31.0	-20.0	▼	▼	▶
	Musuro	143.0	-4.7	-15.9	-24.7	▶	▼	▼
	Potato	50.0	11.1	0.0	0.0	▲	▶	▶
Rolpa	Coarse rice	35.0	-22.2	-30.0	-22.2	▼	▼	▼
	Wheat flour	43.0	-4.4	-4.4	-14.0	▶	▶	▶
	Soybean oil	150.0	3.4	3.4	-21.1	▶	▶	▼
	Chicken	340.0	6.3	-2.9	6.3	▲	▶	▶
	Mas (black gram)	250.0	38.9	38.9	38.9	▲	▲	▲
	Musuro	200.0	17.6	17.6	11.1	▲	▲	▶
	Potato	60.0	9.1	0.0	33.3	▲	▶	▲
Sanjebagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	43.0	0.0	0.0	2.4	▶	▶	▶
	Soybean oil	150.0	0.0	0.0	-11.8	▶	▶	▶
	Chicken	450.0	0.0	0.0	12.5	▶	▶	▶
	Mas (black gram)	220.0	0.0	0.0	10.0	▶	▶	▶
	Musuro	200.0	0.0	0.0	11.1	▶	▶	▶
	Potato	60.0	0.0	0.0	0.0	▶	▶	▶
Jumla	Coarse rice	60.0	9.1	-14.3	0.0	▲	▼	▶
	Wheat flour	60.0	0.0	-33.3	-7.7	▶	▼	▶
	Soybean oil	180.0	0.0	0.0	0.0	▶	▶	▶
	Chicken	500.0	0.0	13.6	25.0	▶	▲	▲
	Mas (black gram)	220.0	10.0	22.2	37.5	▲	▲	▲
	Musuro	180.0	0.0	0.0	5.9	▶	▶	▶
	Potato	30.0	0.0	20.0	20.0	▶	▲	▲
Bajura	Coarse rice	35.0	-16.7	-22.2	-22.2	▼	▼	▼
	Wheat flour	50.0	0.0	0.0	8.7	▶	▶	▶
	Beans	160.0	-	-11.1	-5.9	-	▼	▶
	Mas (black gram)	180.0	-28.0	-28.0	5.9	▼	▼	▶
	Musuro	180.0	-10.0	-28.0	5.9	▼	▼	▶
	Potato	40.0	-20.0	0.0	0.0	▼	▶	▶
	<b>Mountain markets without road access</b>							
Humla	Coarse rice	130.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	150.0	7.1	7.1	7.1	▲	▶	▶
	Soybean oil	260.0	0.0	0.0	52.9	▶	▶	▲
	Beans	200.0	0.0	0.0	33.3	▶	▶	▲
	Mas (black gram)	380.0	0.0	0.0	8.6	▶	▶	▶
	Musuro	370.0	0.0	0.0	5.7	▶	▶	▶
Dolpa	Coarse rice	140.0	7.7	0.0	-6.7	▲	▶	▶
	Wheat flour	120.0	-14.3	-14.3	0.0	▼	▼	▶
	Soybean oil	240.0	0.0	0.0	-20.0	▶	▶	▼
	Beans	250.0	0.0	25.0	56.3	▶	▲	▲
	Mas (black gram)	300.0	0.0	36.4	50.0	▶	▲	▲
	Musuro	300.0	0.0	20.0	36.4	▶	▲	▲
	Potato	70.0	0.0	40.0	75.0	▶	▲	▲