



# Market Watch 75

May 2015<sup>†</sup>

**Jointly produced by:**  
**WFP**-World Food Programme, Nepal  
**MoAD**-Department of Agriculture, Agribusiness Promotion and Marketing Development Directorate (ABPMDD)  
**FNCCI/AEC**-Federation of Nepalese Chamber of Commerce and Industries/Agro Enterprise Centre  
**CIPF**-Consumer's Interest Protection Forum



## HIGHLIGHTS

- **In May 2015, retail prices of most food commodities monitored in 12 markets across Nepal showed an upward trend due to the start of the lean season and following an upward trend in global markets (e.g., pulses).**
- **Overall inflation rate in May 2015 was 7.1 percent. The food and beverage group was higher at 8.9 percent, as were several sub-groups: legume varieties (24.5 percent), milk products and eggs (13.4 percent), fruits (13.3 percent) and spices (12.6 percent).**

## Prices

In May 2015, retail prices of most food commodities monitored across the country showed an upward trend. On a month-on-month basis, the retail price of coarse rice increased by 2.0 percent while that of wheat flour remained stable. Prices of black gram and broken lentil increased by 3.9 and 2.7 percent respectively. Likewise, the price of red potato went up by 2.8 percent, while that of soybean oil and chicken meat declined by 0.6 and 4.3 percent respectively. Compared to three months earlier, most prices showed an upward trend with the exception of red potato and wheat flour. Compared to the same period last year, most prices showed an upward trend (with the exception of soybean oil and red potato). Overall, the price of most commodities over the past 12 months (see **Figure 1**) showed an upward trend with expected seasonal fluctuations, while that of red potato was relatively stable after the sharp decline since April 2015.

Prices in regional markets (see **Figure 2**) showed somewhat different trends than national averages, with an upward trend in the price of coarse rice in the Terai and a downward trend in the mountain and hill markets, while the price of wheat flour was relatively stable in most markets. The price of broken lentil showed an upward trend in all markets.

Wholesale prices regularly monitored by FNCCI/AEC in the five large markets of Birtamod, Kathmandu, Butwal, Surkhet and Dhangadhi showed an upward trend with the exception of the price of mustard oil over the past one month. As shown in **Table 1**, wholesale prices monitored in the Kalimati Fruits and Vegetables Market showed a high seasonal fluctuation month-on-month: prices of green peas, tomato, dry onion, cauliflower and christophine increased by more than 10 percent due to a reduction in supply, while that of bitter gourd, carrot, cabbage, okra, smooth gourd and radish decreased by more than 20 percent.

In May 2015, the overall consumer price index (CPI) released by Nepal Rastra Bank was 214.6, an increase of 1.0 percent month-on-month. The inflation rate, as measured by the year-on-year increase in the CPI, was 7.1 percent. The food and beverage group of the CPI was 263.5, an increase of 1.8 percent month-on-month and 8.9 percent year-on-year; several sub-groups showed higher year-on-year increases: legume varieties (24.5 percent), milk products and eggs (13.4 percent), fruits (13.3 percent) and spices (12.6 percent). The non-food and services group of the CPI was 179.3, an increase of 0.2 percent month-on-month and 5.4 percent year-on-year.

## Supply

The food supply situation in some hill and mountain markets across the country has been disrupted because of the impact of monsoon-induced floods and landslides on roads and transportation services. This is especially the case in the earthquake-affected districts of Rasuwa, Sindhupalchowk, Dhading, Dolakha and Gorkha.

## Outlook

Most food prices are expected to increase in the next month with the start of the traditional lean season and the onset of the monsoon. However, prices of summer vegetables will likely decrease due to an increase in supply.

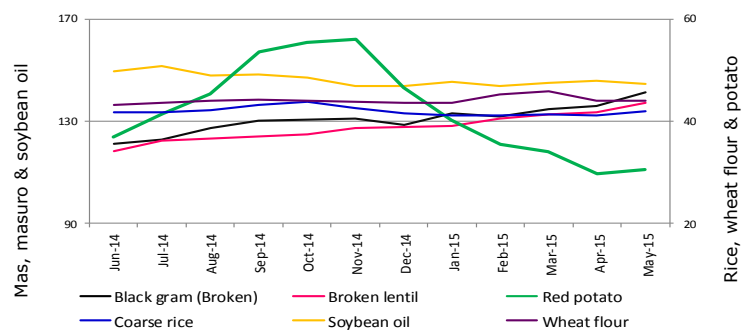
Paddy transplantation has already started with the onset of the monsoon which arrived in Nepal three days after the expected date of 10 June.

**Table 1: Largest changes in commodity prices (month-on-month)**

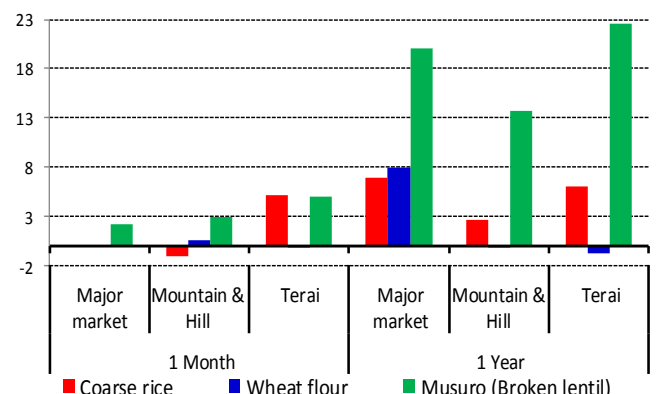
Commodity	Price NPR/kg or liter	% change 1 month	Observations
Green peas, tomato, dry onion and cauliflower	various	> 10	Decrease in supply due to lean season
Bitter gourd, carrot, cabbage, okra, smooth gourd and radish	various	>-20	Increase in supply due to harvest season

**Figure 1: Average retail price over 12-month period\***

NPR per kilo or liter



**Figure 2: Percentage change in retail prices\*\* (1 month & 1 year)**



<sup>†</sup> Prices relate to the Nepali month of Baishakh 2072.

\* Prices are from markets listed on the back of this report, not including 'Hill & Mountain - No Road' markets.

\*\* Change in price considers all markets shown in this report.



Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

**Major consumer markets**

Kathmandu	Coarse rice	45.0	0.0	0.0	7.1	▶	▶	▶
	Wheat flour	47.0	0.0	4.4	9.3	▶	▶	▶
	Soybean oil	137.0	1.5	1.5	-6.8	▶	▶	▶
	Chicken	290.0	-4.9	-14.7	-17.1	▶	▼	▼
	Mustard oil	167.0	1.2	1.2	0.0	▶	▶	▶
	Mas (black gram)	145.0	0.0	16.0	20.8	▶	▲	▲
	Musuro	143.0	4.4	10.0	30.0	▶	▶	▲
	Potato	30.0	0.0	0.0	-14.3	▶	▶	▶

Pokhara	Coarse rice	48.0	0.0	0.0	6.7	▶	▶	▶
	Wheat flour	48.0	0.0	6.7	6.7	▶	▶	▶
	Soybean oil	140.0	0.0	16.7	0.0	▶	▶	▶
	Chicken	400.0	0.0	8.1	0.0	▶	▶	▶
	Mustard oil	180.0	0.0	13.9	0.0	▶	▶	▶
	Mas (black gram)	150.0	0.0	0.0	15.4	▶	▶	▶
	Musuro	145.0	0.0	3.6	16.0	▶	▶	▶
	Potato	35.0	0.0	-22.2	0.0	▶	▼	▶

**Regional Terai markets**

Biratnagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	40.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	125.0	0.0	0.0	-7.4	▶	▶	▶
	Chicken	280.0	-12.5	-9.1	-8.5	▶	▶	▶
	Mustard oil	165.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	140.0	0.0	0.0	27.3	▶	▶	▶
	Musuro	140.0	3.7	0.0	21.7	▶	▶	▶
	Potato	20.0	0.0	0.0	-42.9	▶	▶	▶

Birgunj	Coarse rice	36.0	0.0	0.0	-5.3	▶	▶	▶
	Wheat flour	40.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	150.0	-2.6	0.0	0.0	▶	▶	▶
	Chicken	300.0	-7.7	-6.3	-6.3	▶	▶	▶
	Mustard oil	190.0	0.0	-5.0	8.6	▶	▶	▶
	Mas (black gram)	122.0	0.0	35.6	22.0	▶	▶	▶
	Musuro	150.0	10.3	36.4	36.4	▶	▶	▶
	Potato	18.0	0.0	-40.0	-40.0	▶	▶	▶

Nepaigunj	Coarse rice	38.0	0.0	2.7	5.6	▶	▶	▶
	Wheat flour	38.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	160.0	0.0	0.0	6.7	▶	▶	▶
	Chicken	300.0	0.0	0.0	0.0	▶	▶	▶
	Mustard oil	200.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	115.0	0.0	4.5	4.5	▶	▶	▶
	Musuro	105.0	0.0	16.7	10.5	▶	▶	▶
	Potato	20.0	11.1	-33.3	-9.1	▶	▶	▶

Dhangadhi	Coarse rice	42.0	5.0	20.0	13.5	▶	▶	▶
	Wheat flour	38.0	-9.5	-9.5	8.6	▶	▶	▶
	Soybean oil	136.0	1.5	0.0	-2.9	▶	▶	▶
	Chicken	296.0	-3.9	0.0	5.7	▶	▶	▶
	Mustard oil	160.0	3.9	0.0	0.0	▶	▶	▶
	Mas (black gram)	165.0	10.0	19.6	33.1	▶	▶	▶
	Musuro	154.0	5.5	12.4	26.2	▶	▶	▶
	Potato	23.0	0.0	0.0	-42.5	▶	▶	▶

▲ Price increase above normal price fluctuation

▶ Normal price fluctuation

▼ Price decrease below normal price fluctuation

Price fluctuation is considered normal if the price change is within 5% for 1 month, or within 10% for 3 months or within 15% for one year.

Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

Bhairahawa	Coarse rice	35.0	20.7	20.7	16.7	▶	▶	▶
	Wheat flour	35.0	9.4	-12.5	-12.5	▶	▶	▶
	Soybean oil	115.0	-2.1	-4.2	-17.9	▶	▶	▶
	Chicken	300.0	0.0	-6.3	-6.3	▶	▶	▶
	Mustard oil	165.0	1.5	10.0	-2.9	▶	▶	▶
	Mas (black gram)	130.0	2.0	-7.1	18.2	▶	▶	▶
	Musuro	135.0	5.9	-3.6	35.0	▶	▶	▶
	Potato	20.0	100.0	0.0	-42.9	▶	▶	▶

**Hill and Mountain markets with road access**

Dhankuta	Coarse rice	42.3	0.0	2.1	0.6	▶	▶	▶
	Wheat flour	46.9	2.6	2.8	-0.3	▶	▶	▶
	Soybean oil	166.0	0.0	0.0	0.6	▶	▶	▶
	Chicken	320.0	0.0	6.7	0.0	▶	▶	▶
	Mas (black gram)	148.9	0.6	0.6	24.1	▶	▶	▶
	Musuro	126.0	0.0	0.0	14.5	▶	▶	▶
	Potato	40.0	0.0	0.0	-11.1	▶	▶	▶

Rolpa	Coarse rice	40.0	-11.1	8.1	17.6	▶	▶	▶
	Wheat flour	40.0	0.0	-20.0	0.0	▶	▶	▶
	Soybean oil	135.0	3.8	-3.6	-10.0	▶	▶	▶
	Chicken	320.0	-20.0	-3.0	-3.0	▶	▶	▶
	Mas (black gram)	150.0	15.4	25.0	36.4	▶	▶	▶
	Musuro	145.0	3.6	0.0	20.8	▶	▶	▶
	Potato	40.0	0.0	-20.0	-20.0	▶	▶	▶

Sanjebagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	42.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	150.0	0.0	0.0	0.0	▶	▶	▶
	Chicken	390.0	-2.5	-2.5	2.6	▶	▶	▶
	Mas (black gram)	150.0	7.1	7.1	25.0	▶	▶	▶
	Musuro	150.0	11.1	11.1	25.0	▶	▶	▶
	Potato	50.0	0.0	0.0	25.0	▶	▶	▶

Jumla	Coarse rice	60.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	70.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	180.0	0.0	0.0	12.5	▶	▶	▶
	Chicken	440.0	0.0	0.0	10.0	▶	▶	▶
	Mas (black gram)	150.0	0.0	0.0	7.1	▶	▶	▶
	Musuro	150.0	0.0	0.0	0.0	▶	▶	▶
	Potato	30.0	0.0	0.0	0.0	▶	▶	▶

Bajura	Coarse rice	38.0	5.6	-15.6	-5.0	▶	▶	▶
	Wheat flour	42.0	0.0	-6.7	0.0	▶	▶	▶
	Beans	130.0	0.0	0.0	8.3	▶	▶	▶
	Mas (black gram)	130.0	0.0	0.0	8.3	▶	▶	▶
	Musuro	130.0	0.0	0.0	8.3	▶	▶	▶
	Potato	40.0	0.0	0.0	14.3	▶	▶	▶

**Mountain markets without road access**

Humla	Coarse rice*	52.0	0.0	0.0	23.8	▶	▶	▶
	Wheat flour	200.0	0.0	0.0	-16.7	▶	▶	▶
	Soybean oil	300.0	0.0	0.0	0.0	▶	▶	▶
	Beans	150.0	0.0	25.0	25.0	▶	▶	▶
	Mas (black gram)	-	-	-	-	▶	▶	▶
	Musuro	150.0	0.0	-	-	▶	▶	▶
	Potato	70.0	0.0	0.0	-53.3	▶	▶	▶

Dolpa	Coarse rice	110.0	0.0	-21.4	-21.4	▶	▶	▶
	Wheat flour	115.0	0.0	-4.2	-4.2	▶	▶	▶
	Soybean oil	230.0	0.0	-4.2	109.1	▶	▶	▶
	Beans	150.0	0.0	0.0	-	▶	▶	▶
	Mas (black gram)	200.0	0.0	0.0	-20.0	▶	▶	▶
	Musuro	150.0	0.0	-31.8	-40.0	▶	▶	▶
	Potato	50.0	0.0	25.0	-	▶	▶	▶

For the latest information relating to food security in Nepal check out the Nepal Food Security Monitoring System (NeKSAP) google site <http://www.sites.google.com/site/nefoodsec>



Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

**Major consumer markets**

Kathmandu	Coarse rice	45.0	0.0	0.0	9.8	▶	▶	▶
	Wheat flour	47.0	0.0	4.4	9.3	▶	▶	▶
	Soybean oil	135.0	0.0	0.0	-6.9	▶	▶	▶
	Chicken	305.0	-15.3	8.9	-9.0	▼	▶	▶
	Mustard oil	165.0	0.0	0.0	-1.2	▶	▶	▶
	Mas (black gram)	145.0	7.4	16.0	23.9	▲	▲	▲
	Musuro	137.0	0.0	9.6	28.0	▶	▶	▲
	Potato	30.0	0.0	-6.3	-6.3	▶	▶	▶

Pokhara	Coarse rice	48.0	1.1	0.0	0.0	▶	▶	▶
	Wheat flour	48.0	6.7	6.7	6.7	▲	▶	▶
	Soybean oil	140.0	7.7	7.7	7.7	▲	▶	▶
	Chicken	400.0	-2.4	37.9	5.3	▶	▲	▶
	Mustard oil	180.0	5.9	20.0	0.0	▲	▲	▶
	Mas (black gram)	150.0	7.1	11.1	15.4	▲	▲	▲
	Musuro	145.0	3.6	3.6	18.9	▶	▶	▲
	Potato	35.0	-22.2	-36.4	0.0	▼	▼	▶

**Regional Terai markets**

Biratnagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	40.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	125.0	0.0	0.0	-10.7	▶	▶	▶
	Chicken	320.0	-3.0	6.7	6.7	▶	▶	▶
	Mustard oil	165.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	140.0	0.0	7.7	27.3	▶	▶	▲
	Musuro	135.0	-3.6	12.5	22.7	▶	▲	▲
	Potato	20.0	0.0	-20.0	-42.9	▶	▼	▼

Birgunj	Coarse rice	36.0	0.0	0.0	-5.3	▶	▶	▶
	Wheat flour	40.0	-11.1	0.0	5.3	▼	▶	▶
	Soybean oil	154.0	2.7	1.3	2.7	▶	▶	▶
	Chicken	325.0	8.3	35.4	8.3	▲	▲	▶
	Mustard oil	190.0	-5.0	0.0	-5.0	▶	▶	▶
	Mas (black gram)	122.0	28.4	1.7	28.4	▲	▶	▲
	Musuro	136.0	23.6	-2.9	23.6	▲	▶	▲
	Potato	18.0	-10.0	-40.0	-28.0	▼	▼	▼

Nepaigunj	Coarse rice	38.0	2.7	2.7	5.6	▶	▶	▶
	Wheat flour	38.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	160.0	0.0	0.0	6.7	▶	▶	▶
	Chicken	300.0	0.0	0.0	0.0	▶	▶	▶
	Mustard oil	200.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	115.0	2.7	4.5	4.5	▶	▶	▶
	Musuro	105.0	5.0	16.7	10.5	▶	▲	▶
	Potato	18.0	-10.0	-64.0	-28.0	▼	▼	▼

Dhangadhi	Coarse rice	42.0	14.4	20.0	20.0	▲	▲	▲
	Wheat flour	38.0	-9.5	4.1	8.6	▼	▶	▶
	Soybean oil	136.0	3.0	-6.2	4.6	▶	▶	▶
	Chicken	296.0	0.0	1.4	-1.3	▶	▶	▶
	Mustard oil	160.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	165.0	24.1	34.1	37.5	▲	▲	▲
	Musuro	154.0	12.4	22.2	28.3	▲	▲	▲
	Potato	23.0	0.0	-28.1	-23.3	▶	▼	▼

▲ Price increase above normal price fluctuation

▶ Normal price fluctuation

▼ Price decrease below normal price fluctuation

Price fluctuation is considered normal if the price change is within 5% for 1 month, or within 10% for 3 months or within 15% for one year.

Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

Bhairahawa	Coarse rice	29.0	0.0	5.5	-14.7	▶	▶	▶
	Wheat flour	32.0	-28.9	-9.9	-20.0	▼	▶	▼
	Soybean oil	117.5	-6.0	-4.1	-9.6	▼	▶	▶
	Chicken	300.0	-6.3	7.1	-3.2	▼	▶	▶
	Mustard oil	162.5	-9.7	10.2	1.6	▼	▲	▶
	Mas (black gram)	127.5	-8.9	-15.0	15.9	▼	▼	▲
	Musuro	127.5	-8.9	-5.6	27.5	▼	▶	▲
	Potato	10.0	-33.3	-55.6	-60.0	▼	▼	▼

**Hill and Mountain markets with road access**

Dhankuta	Coarse rice	42.3	0.0	2.1	5.6	▶	▶	▶
	Wheat flour	45.7	0.0	0.2	-0.7	▶	▶	▶
	Soybean oil	166.0	0.0	0.0	-5.1	▶	▶	▶
	Chicken	320.0	0.0	6.7	6.7	▶	▶	▶
	Mas (black gram)	148.0	-0.6	0.0	23.3	▶	▶	▲
	Musuro	126.0	0.8	0.0	9.6	▶	▶	▶
	Potato	40.0	0.0	0.0	0.0	▶	▶	▶

Rolpa	Coarse rice	45.0	25.0	18.4	32.4	▲	▲	▲
	Wheat flour	40.0	-20.0	0.0	-11.1	▼	▶	▶
	Soybean oil	130.0	-7.1	-7.1	-13.3	▼	▶	▶
	Chicken	400.0	21.2	21.2	21.2	▲	▲	▲
	Mas (black gram)	130.0	0.0	-3.7	18.2	▶	▶	▲
	Musuro	140.0	-3.4	0.0	16.7	▶	▶	▲
	Potato	40.0	-20.0	-38.5	-20.0	▼	▼	▼

Sanjebagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	42.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	150.0	0.0	0.0	0.0	▶	▶	▶
	Chicken	400.0	0.0	5.3	14.3	▶	▶	▶
	Mas (black gram)	140.0	0.0	0.0	16.7	▶	▶	▲
	Musuro	135.0	0.0	0.0	12.5	▶	▶	▶
	Potato	50.0	0.0	-16.7	25.0	▶	▼	▲

Jumla	Coarse rice	60.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	70.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	180.0	0.0	0.0	12.5	▶	▶	▶
	Chicken	440.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	150.0	0.0	0.0	3.4	▶	▶	▶
	Musuro	150.0	0.0	0.0	0.0	▶	▶	▶
	Potato	30.0	-14.3	0.0	-14.3	▼	▶	▶

Bajura	Coarse rice	36.0	-20.0	-20.0	-2.7	▼	▼	▶
	Wheat flour	42.0	-6.7	-6.7	-4.5	▼	▶	▶
	Beans	130.0	0.0	0.0	8.3	▶	▶	▶
	Mas (black gram)	130.0	0.0	0.0	8.3	▶	▶	▶
	Musuro	130.0	0.0	0.0	8.3	▶	▶	▶
	Potato	40.0	-20.0	0.0	0.0	▼	▶	▶

**Mountain markets without road access**

Humla	Coarse rice*	52.0	0.0	0.0	10.6	▶	▶	▶
	Wheat flour	200.0	0.0	0.0	-16.7	▶	▶	▼
	Soybean oil	300.0	0.0	0.0	-	▶	▶	-
	Beans	150.0	25.0	25.0	-	▲	▲	-
	Mas (black gram)	-	-	-	-	-	-	-
	Musuro	150.0	-	-	-	-	-	-
	Potato	70.0	0.0	0.0	-46.2	▶	▶	▼

Dolpa	Coarse rice	110.0	-21.4	-21.4	-	▼	▼	-
	Wheat flour	115.0	-4.2	-4.2	-	▶	▶	-
	Soybean oil	230.0	-4.2	4.5	-	▶	▶	-
	Beans	150.0	0.0	0.0	-	▶	▶	-
	Mas (black gram)	200.0	0.0	0.0	-	▶	▶	-
	Musuro	150.0	-31.8	-31.8	-	▼	▼	-
	Potato	50.0	25.0	25.0	-	▲	▲	-

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Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

**Major consumer markets**

Kathmandu	Coarse rice	45.0	0.0	0.0	9.8	▶	▶	▶
	Wheat flour	47.0	4.4	4.4	9.3	▶	▶	▶
	Soybean oil	135.0	0.0	0.0	-6.9	▶	▶	▶
	Chicken	360.0	5.9	60.0	18.0	▲	▲	▲
	Mustard oil	165.0	0.0	0.0	-1.2	▶	▶	▶
	Mas (black gram)	135.0	8.0	8.0	15.4	▲	▶	▲
	Musuro	137.0	5.4	9.6	28.0	▲	▶	▲
	Potato	30.0	0.0	-25.0	-6.3	▶	▼	▶

Pokhara	Coarse rice	47.5	-1.0	-1.0	3.3	▶	▶	▶
	Wheat flour	45.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	130.0	8.3	0.0	0.0	▲	▶	▶
	Chicken	410.0	10.8	58.9	13.9	▲	▲	▶
	Mustard oil	170.0	7.6	13.3	-5.6	▲	▲	▶
	Mas (black gram)	140.0	-6.7	3.7	7.7	▼	▶	▶
	Musuro	140.0	0.0	0.0	16.7	▶	▶	▲
	Potato	45.0	0.0	-22.4	50.0	▶	▼	▲

**Regional Terai markets**

Biratnagar	Coarse rice	40.0	0.0	-11.1	0.0	▶	▼	▶
	Wheat flour	40.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	125.0	0.0	0.0	-7.4	▶	▶	▶
	Chicken	330.0	7.1	32.0	3.1	▲	▲	▶
	Mustard oil	165.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	140.0	0.0	7.7	27.3	▶	▶	▲
	Musuro	140.0	0.0	2.4	40.0	▶	▶	▲
	Potato	20.0	0.0	-60.0	-23.1	▶	▼	▼

Birgunj	Coarse rice	36.0	0.0	0.0	-5.3	▶	▶	▶
	Wheat flour	45.0	12.5	7.1	18.4	▲	▶	▲
	Soybean oil	150.0	0.0	0.0	3.4	▶	▶	▶
	Chicken	300.0	-6.3	20.0	7.1	▼	▲	▶
	Mustard oil	200.0	0.0	6.4	11.1	▶	▶	▶
	Mas (black gram)	95.0	5.6	-15.9	0.0	▲	▼	▶
	Musuro	110.0	0.0	-6.8	0.0	▶	▶	▶
	Potato	20.0	-33.3	-50.0	-4.8	▼	▼	▶

Nepaigunj	Coarse rice	37.0	0.0	0.0	2.8	▶	▶	▶
	Wheat flour	38.0	0.0	0.0	5.6	▶	▶	▶
	Soybean oil	160.0	0.0	0.0	6.7	▶	▶	▶
	Chicken	300.0	0.0	0.0	0.0	▶	▶	▶
	Mustard oil	200.0	0.0	0.0	11.1	▶	▶	▶
	Mas (black gram)	112.0	1.8	1.8	-0.9	▶	▶	▶
	Musuro	100.0	11.1	11.1	2.0	▲	▲	▶
	Potato	20.0	-33.3	-60.0	0.0	▼	▼	▶

Dhangadhi	Coarse rice	36.7	4.9	8.6	-0.8	▶	▶	▶
	Wheat flour	42.0	0.0	16.7	18.0	▶	▲	▲
	Soybean oil	132.0	-2.9	-5.7	-5.7	▶	▶	▶
	Chicken	296.0	0.0	0.0	-1.3	▶	▶	▶
	Mustard oil	160.0	0.0	0.0	-1.2	▶	▶	▶
	Mas (black gram)	133.0	-3.6	-1.5	9.0	▶	▶	▶
	Musuro	137.0	0.0	7.0	12.3	▶	▶	▶
	Potato	23.0	0.0	-42.5	-23.3	▶	▼	▼

▲ Price increase above normal price fluctuation

▶ Normal price fluctuation

▼ Price decrease below normal price fluctuation

Price fluctuation is considered normal if the price change is within 5% for 1 month, or within 10% for 3 months or within 15% for one year.

Market	Commodity	Current price (NRS per Kg/Lt.)	Change in price (%)*			Average change over		
			1 m	3 m	1 yr	1m	3m	1yr

Bhairahawa	Coarse rice	29.0	0.0	1.8	-14.7	▶	▶	▶
	Wheat flour	45.0	12.5	25.0	12.5	▲	▲	▶
	Soybean oil	125.0	4.2	0.0	-10.7	▶	▶	▶
	Chicken	320.0	0.0	14.3	14.3	▶	▲	▶
	Mustard oil	180.0	20.0	9.1	12.5	▲	▶	▶
	Mas (black gram)	140.0	0.0	16.7	27.3	▶	▲	▲
	Musuro	140.0	0.0	7.7	40.0	▶	▶	▲
	Potato	15.0	-25.0	-28.0	-40.0	▼	▼	▼

**Hill and Mountain markets with road access**

Dhankuta	Coarse rice	42.3	2.1	0.6	5.6	▶	▶	▶
	Wheat flour	45.7	0.2	0.4	-0.7	▶	▶	▶
	Soybean oil	166.0	0.0	0.6	-5.1	▶	▶	▶
	Chicken	320.0	6.7	28.0	6.7	▲	▲	▶
	Mas (black gram)	148.9	0.6	24.1	24.1	▶	▲	▲
	Musuro	125.0	-0.8	13.6	13.6	▶	▲	▶
	Potato	40.0	0.0	-33.3	0.0	▶	▼	▶

Rolpa	Coarse rice	36.0	-2.7	-5.3	5.9	▶	▶	▶
	Wheat flour	50.0	0.0	25.0	11.1	▶	▲	▶
	Soybean oil	140.0	0.0	0.0	-6.7	▶	▶	▶
	Chicken	330.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	130.0	8.3	-3.7	23.8	▲	▶	▲
	Musuro	145.0	0.0	3.6	20.8	▶	▶	▲
	Potato	50.0	0.0	-23.1	0.0	▶	▼	▶

Sanjebagar	Coarse rice	40.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	42.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	150.0	0.0	0.0	0.0	▶	▶	▶
	Chicken	400.0	0.0	0.0	0.0	▶	▶	▶
	Mas (black gram)	140.0	0.0	0.0	16.7	▶	▶	▲
	Musuro	135.0	0.0	0.0	12.5	▶	▶	▶
	Potato	50.0	0.0	-16.7	25.0	▶	▼	▲

Jumla	Coarse rice	60.0	0.0	0.0	0.0	▶	▶	▶
	Wheat flour	70.0	0.0	0.0	0.0	▶	▶	▶
	Soybean oil	180.0	0.0	12.5	12.5	▶	▲	▶
	Chicken	440.0	0.0	0.0	10.0	▶	▶	▶
	Mas (black gram)	150.0	0.0	0.0	0.0	▶	▶	▶
	Musuro	150.0	0.0	0.0	0.0	▶	▶	▶
	Potato	35.0	16.7	-12.5	16.7	▲	▼	▲

Bajura	Coarse rice	45.0	0.0	2.3	21.6	▶	▶	▲
	Wheat flour	45.0	0.0	2.3	2.3	▶	▶	▶
	Beans	130.0	0.0	0.0	8.3	▶	▶	▶
	Mas (black gram)	130.0	0.0	0.0	8.3	▶	▶	▶
	Musuro	130.0	0.0	0.0	8.3	▶	▶	▶
	Potato	50.0	25.0	42.9	25.0	▲	▲	▲

**Mountain markets without road access**

Humla	Coarse rice*	52.0	0.0	0.0	10.6	▶	▶	▶
	Wheat flour	200.0	0.0	0.0	-16.7	▶	▶	▼
	Soybean oil	300.0	0.0	0.0	0.0	▶	▶	▶
	Beans	150.0	25.0	0.0	25.0	▲	▶	▲
	Mas (black gram)	-	-	-	-	-	-	-
	Musuro	-	-	-	-	-	-	-
	Potato	70.0	0.0	0.0	-41.7	▶	▶	▼

Dolpa	Coarse rice	140.0	0.0	0.0	-	▶	▶	-
	Wheat flour	120.0	0.0	0.0	-	▶	▶	-
	Soybean oil	240.0	0.0	0.0	-	▶	▶	-
	Beans	150.0	0.0	7.1	-	▶	▶	-
	Mas (black gram)	200.0	0.0	0.0	-	▶	▶	-
	Musuro	200.0	-9.1	0.0	-	▼	▶	-
	Potato	40.0	0.0	-20.0	-	▶	▼	-

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